Job Summary and Qualifications

External Description

Job Description:
- Responsible for overseeing Personal Trainers, managing scheduling, PT room reservations, trainer evaluations, and student surveys
- Collaborate with Group Exercise (GX) Manager for staff development, educational programs
- Lead student wellness consultations, guiding students through health and fitness testing
- Responsible for assigning new student clients to trainers and sales process
- May be asked to train and oversee a given number of clients
- Help enforce the University Campus Rec policy for teaching, attendance, and student-instructor conduct
- Assist in overseeing and prepping for Wellness programs such as Rec Relief, Yogathon, Preview Week

Qualifications - External

Job Qualifications:
- Must have or obtain a current Personal Training Certification from an approved organization
- Must have a current CPR/First Aid/AED certification
- Must be proficient in health and fitness testing (blood pressure readings, body composition measurements, submaximal fitness testing etc.)
- B.S in Exercise Science, Physiology, or other health field (Pursuing or obtained M.S preferred)
- Consider yourself to live a healthy lifestyle
- Positive attitude is a plus!
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Qualifications - Internal

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