

SEND YOUR STUDENT TO COLLEGE WITH A DORM FIRST AID KIT

Be sure your college student is prepared with a well-stocked first aid kit. Having a personal supply of over-the-counter medicine and first aid materials can save your college student a trip a late night to the pharmacy. We recommend the following supplies:

Dorm First Aid Kitfor your college student.

- Multi-Vitamins
- Acetaminophen or Ibuprofen (for aches and fever)
- Cold & Allergy Medicine
- Cough Drops/Sore Throat Lozenges
- Allergy Medicine (i.e. Benadryl®)
- Antacids
- Anti-Diarrhea Medicine
- Antibiotic Ointment
- Eye Drops (for Irritation)
- Band-aids (Various Sizes...*think about some colorful ones!*)
- Alcohol-Based Sterile Wipes
- Tweezers
- Thermometer
- Include anything else that may be standard first aid in your home.

***Pitt Student Health Services Pharmacy has Dorm First Aid kits for sale; also, we can prepare a customized Dorm First Aid Kit for your college student. Call the Pharmacy at 412-383-1850 for more information.**

Consider these additional supplies for flu season:

- Kleenex
- Sports Drinks
- Soups
- Decongestants