

Office of Fraternity and Sorority Life

2023–2024 CHAPTER RESOURCE GUIDE

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Staff Responsibilities & Communication

The Office of Fraternity and Sorority Life is comprised of four full-time staff members who provide guidance and support for the fraternity and sorority chapters and councils at the University of Pittsburgh. If you have a question or concern, please direct your questions to the appropriate staff member. One of the Program Coordinator Positions is vacant-this will be updated when that role is filled. Please see this link for a consistently updated list of staff responsibilities and chapter coaching assignments.

Chapter Coaching

Chapter presidents are expected to meet with their chapter coach bi-weekly or once a month. This is the chapter president's opportunity to ask questions, troubleshoot issues, and brainstorm ideas. Your chapter coach will likely have some questions and discussion items at the meeting as well.

Other chapter officers, members, and advisors are welcome to attend regular meetings or schedule their own. Please respond in a timely manner to requests from chapter coach for items like rosters, new member education plans, or finding a time to meet. In the event of any concerning incidents with the chapter, chapter presidents should contact their chapter coach immediately to make them aware of the situation so they can provide University resources and assistance. Please call, email, or GroupMe at your convenience. We often say we would much rather get a call from the chapter than from other emergency services. If officers or chapter members have any questions, your chapter coach will always be willing to help. Good communication is key to making this relationship beneficial to you and your chapter. <u>Please see this link for a consistently updated list of staff responsibilities and chapter coaching assignments.</u>

Important Documents to Read

Chapter leaders should have working knowledge of the following document—meaning someone understands what it contains and how to access it quickly.

- Cathedral Standards of Excellence
- Office of Fraternity and Sorority Life Policies and Procedures Manual
- Council's constitution and by-laws
- Chapter's constitution, by-laws, any other policies and procedures from (inter)national headquarters
- Fraternity and Sorority Life Calendar
- Greek Week Handbook

Presidents Conference & Family Dinner

Presidents Conference (PCon) is an annual gathering of chapter presidents and council officers to build community and to learn important information from the Office of Fraternity and Sorority Life. It is typically held in August near the beginning of the semester. OFSL will share resources and updates to prepare for the academic year. Campus partners and guest speakers are usually at the conference.

Family Dinner is typically held on the first Tuesday of each month at 7:00 PM (with some exceptions, please check FSL Calendar) and is a time for OFSL and council officers to share important updates and facilitate discussion between chapter presidents and officers. Attendance is expected—if there is a scheduling conflict, please notify your chapter coach know and send another chapter officer to represent the chapter.

Consultant/Regional/National Visit

Many chapters receive support from their national organization in the form of a consultant or regional/national officer visit. Please have your chapter take advantage of this visit and make the most of everyone's time. These visits are to improve chapter operations and address concerns. If the consultant or regional/national officer would like to meet with a staff member of the OFSL, please schedule a meeting with your chapter coach directly via their Calendly or send an email. Consultants, regional/national officer, or chapter advisor are not permitted to have unrestricted access (swipe access) to Amos Hall, Bruce Hall, or the Fraternity Complex. Residents of Amos Hall and Bruce Hall will have to sign in/sign out a consultant, regional/national officer, or chapter advisors from the building. The University is unable to provide housing for consultants, regional/national officers, or chapter advisors. If a consultants, regional/national officer, or chapter advisors will be presenting or leading a workshop on-campus and in-person, please have your chapter complete a contract waiver 21 days before their event.

Chapter Mail

All chapters and councils can receive mail and packages to the Office of Fraternity and Sorority Life. Each chapter has a mailbox, and they are encouraged to check their mailbox once a month. Mailboxes can be checked during business hours 8:30am-5:00pm in WPU 649. The address is as follows:

Chapter Name William Pitt Union 617 3959 Fifth Ave.

Pittsburgh, PA 15217

When your chapter <u>re-registers with SORC</u>, use the address above, because all the contact information on your chapter's page is public.

Tracking Community Service Hours and Philanthropy Funds

One great universal trait for all fraternities and sororities is the passion and drive for philanthropy and community service. Many chapters support their own philanthropy or charitable organization.

Service = Lending Time and Talents Philanthropy = Donating Money or Items

The expectation is that **each member completes 3 hours of community service per semester**. At the end of each semester, the Office of Fraternity and Sorority Life will publicly report on how many service hours and philanthropy dollars each chapter completed in the <u>Community Report</u>. At the end of each semester the Office of Fraternity and Sorority Life will collect service hours and amount of money raised for a philanthropy or number of items collected using the community service forms that will be sent to chapters to fill out.

Service hours can be calculated as such:

Alpha Beta Gamma Fraternity has 11 members volunteer for two hours to clean up the streets. 2 Hours X 11 Members = 22 Hours of Service

Service hours can be completed as a chapter or individually. Chapter members can earn service hours during the set-up or planning of philanthropy events. Please make sure you are tracking members who are completing community service hours so we can have an accurate count per chapter of service hours completed.

Chapters should utilize resources when looking to complete community service hours such as PittServes. Our office does have policies for philanthropy events. **No alcohol or other substances are to be present at philanthropic events**. A philanthropic/community service event is defined as a non-alcoholic event held for the charitable purpose of raising funds or awareness for an organization or cause. Alcohol found to be present at the site of the philanthropic/community service event will be the responsibility of the event's host(s) as well as the chapter that brought the alcohol, both of whom will be subject to disciplinary proceedings.

Roster Management and Chapter Grades

Keeping up to date rosters for your chapter is very crucial for chapter management and operations. You will receive a link to our record of your chapter's roster, and we ask that you keep it updated throughout the year. Reach out to your chapter coach if you misplace the link. Our office will connect with chapter presidents and secretaries regarding chapter roster at the beginning and the end of the semester for various administrative tasks. Tasks include calculating totals, grades, etc. Our staff will complete grades at the end of the semester and share that report with chapter advisors and professional academic mentors. We will also include chapter averages and other information in the end of the year community report. Grades also are a part of the awards we give to chapters. Please make sure you are in communication with your chapter coach if members disaffiliate, transfer, etc. Information the roster asks for is:

- Name
- PeopleSoft Number
- Email
- Cellphone number

For your rosters, please make sure **names appear on the sheet one time, and that your roster is in alphabetical order based on last names**. You will receive a link from OFSL to our record of your roster that you should keep updated throughout the year as there are changes. It is important for our records that you make sure members are recorded in the appropriate category. The categories are **Initiated Members**, **Graduating this semester**, **Co-Op/Study Abroad**, and **New Member** (new members or aspirants who joined in the current semester <u>whether or not they have been initiated</u>). It is important that members are in the correct category for calculating grade reports. You do not need to list members twice (e.g.: if a member is graduating this semester, we know they are also an initiated member, so you don't need to put them in both categories). See below a sample of what the roster template looks like. Note that any temporary "inactive" "senior status" etc. that your chapter may have is not relevant to OFSL records.

Chapter	Last Name	First Name	Peoplesoft #	Email @pitt.edu	Phone #	Member Type
Alpha Beta Gamma	Wasserman	Abigail	123456789	alw240@pitt.edu	(412) 383-3720	Initiated Member
Alpha Beta Gamma	Fann	Richard	123456789	rfann@pitt.edu	(412) 383-3720	Graduating this semester
Alpha Beta Gamma	Davis	Alexis	123456789	adavis@pitt.edu	(412) 383-3720	Co-Op/Study Abroad
Alpha Beta Gamma						New Member

Individual grade reports are prepared to help chapters identify those members in need of academic assistance and to acknowledge those members doing well academically. Individual grade reports will be hand delivered, mailed, or shared in a secure virtual platform to chapter advisors, PAMs, or national organization personnel, who will then disseminate the relevant information to the appropriate undergraduate officer within the chapter.

Available Funding for Chapters

• Year Of ... At Pitt Grant

- An initiative from the Office of Provost to foster collaboration across the University.
- Matching grants are awarded to programs/events that support the Year of... Theme. Chapters would have to show proof of funds to receive matching funds.
- o https://www.provost.pitt.edu/priorities/year-pitt

SAFE Grant Program

- SAFE and the Division of Student Affairs have partnered to administer a grant program open to SORC registered student organizations. The grant program was created in an effort to provide comprehensive, discussion-based education around consent, bystander intervention and healthy relationships. Participating student organizations are eligible for a \$200 grant from the Division of Student Affairs once they successfully complete two SAFE programs. The grant can by used to advance the mission of their organization or the University's prevention efforts.
- <u>https://www.diversity.pitt.edu/education/title-ix-training/sexual-assault-facilitation-and-education-safe-peer-educators</u>

- Late Night Mini-Grant
 - The Late-Night Mini-Grant Program is designed to support alcohol-free, late night social and recreational programming for undergraduate student groups.
 - o https://www.studentaffairs.pitt.edu/shs/education/mini-grants/
- OCC Mini-Grants for Student Organizations
 - The OCC Mini-Grant Program is a funding source designed to support events and programs hosted by student organizations at the University of Pittsburgh.
 - Money will be deposited into the chapter's SORC account after the event and receipts are given to OCC.
 - o https://www.studentaffairs.pitt.edu/occ/eventmanagers/minigrant/
- Northeast Greek Leadership Academy Innovation Grant
 - The purpose of the NGLA Innovation Grant is to spark creative solutions and empower individuals, chapters, councils, or campuses to make a change. NGLA wants to help fund projects that align with our mission to empower people and transform communities through action and values alignment.
 - o https://www.ngla.org/innovation-grant
- Northeast Greek Leadership Academy Conference Scholarship: <u>https://www.ngla.org/scholarships</u>
- The Marc Katz Outstanding Greek Leadership Award
 - Established in 2011 to recognize an outstanding fraternal leader and provide monetary contribution to assist with financial need of pursuing a degree of higher education from the University of Pittsburgh. The scholarship amount is \$500.
 - o Application

Registering Events for CSOE Credit & Social Events with Alcohol

Events that are off-campus, with non-members, fulfill a CSOE requirement, or have alcohol present need to be registered by chapters on ExperiencePitt platform that can be found <u>HERE</u>. Through ExperiencePitt, our staff can keep up with your events, as they may fulfill requirements for Cathedral Standards of Excellence. Through ExperiencePitt, you will fill out various information regarding your event. Information needed for event registrations may include:

- Name of Event
- Type of program
- Theme
- Description of the Event
- Date, Location, and Time
- Co-host (if applicable)
- Fulfilling a Cathedral Standards of Excellence category (if applicable)
- Guest List of the Event

- Event Monitors
- Supporting Documents (PowerPoint Slides, Flyers, Meeting Agenda)

If the event is with alcohol other information needed for event registration:

- Event Monitors for event
- Food Provided to Attendees
- Guest List
- Type of Social Event

ExperiencePitt event registration needs to be completed before the event takes place, and fraternity and sorority life events with alcohol event registration should be done the Tuesday before the event. Guest lists for social events with alcohol are due the Thursday before the event and the Monday after the event with signatures from attendees. Chapters must attend Alcohol Management Training in order to host events with alcohol. OFSL will schedule those trainings at the beginning of the year.

Chapter Housing Roster Submission and Application Process

The University of Pittsburgh offers limited housing options for chapters in the Fraternity Complex, Amos Hall, and Bruce Hall 3rd floor. Opportunities for chapter housing should be considered a privilege and treated as such. How a fraternity or sorority maintains their chapter facility represents how members value or do not value their chapter experience. Chapters with facilities need to elect/appoint a house/property manager to oversee the recruitment of new residents and the safety and security of their members in those spaces. House/property managers should be elected in the spring and prepared to serve during the following academic year. All members should review the Policy Statement on On-Campus Housing in the Fraternity and Sorority Life Policies and Procedures Manual.

2023-2024 chapter housing rosters will be due to <u>Alexis Davis</u>, and the due date will be announced to chapters. In December, Alexis Davis will provide presidents and house/property managers with the appropriate housing rosters to complete. Housing applications should be completed, and housing deposits should be paid by residents by the due date. Housing application and housing deposits can be accessed through my.pitt.edu. Students who live in fraternity and sorority life housing must have a meal plan. Minor changes to housing rosters can be made after the February deadline, if needed.

Items for the Fraternity Complex

- At the beginning of the year, chapters are encouraged to have a house meeting to review house rules, assign responsibilities, and develop community.
- All residents in the house are required to complete fire safety training that will be administered by Environmental Health and Safety.
- Health and Safety inspections will be completed once a semester by Environmental Health and Safety, OFSL, and Facilities.

Items for Amos Hall/Bruce Hall 3rd Floor

- At the beginning of the year, chapters are encouraged to have a house meeting to review house rules, assign responsibilities, and develop community.
- All residents will attend a floor meeting with the resident director and resident assistants.

If chapters do not currently have housing, the Office of Fraternity and Sorority Life can explore developing a living learning community at the University of Pittsburgh. Members would need to commit to living on-campus for the 2023-2024 academic year.

Marketing Resources

There are different marketing tools chapters can use to promote their organization and events oncampus.

- <u>FSL Social Media Accounts:</u> Please contact <u>alexis.davis@pitt.edu</u> about posting photos, flyers, and events on <u>Instagram</u> and <u>Twitter</u>. *It is illegal to be on roofs in Oakland—please do not post photos on roofs.*
- <u>Digital Screens:</u> There are digital screens in the WPU, Cathedral of Learning, O'Hara Student Center, and the residence halls. <u>Submission information can be found here.</u>
- <u>The Pitt News Events Calendar</u>
- <u>Printed Flyers:</u> Student organizations are able to print 200 black and white copies or 50 colored copies per event. E-mail <u>SORC@pitt.edu</u> to submit your flyers.
- <u>WPTS:</u> Student organizations can support a PSA to promote a charity organization for free. E-mail <u>events@wptsradio.org</u> if you are interested in featuring your chapter.

- William Pitt Union: There are opportunities to hang flyers on bulletin boards, to display lawn signs, and to hang banners.
- <u>OCC</u>: Add events to the OCC (pg. 22) so students can search it on Suitable and <u>the Catalog</u> of <u>Opportunities</u>.
- <u>Residence Hall:</u> Please email <u>carly.ramer@pitt.edu</u> about a banner in the Quad and flyers in the residence halls.

In-Person Meetings & Programming

In-person meetings and programs require appropriate planning and attention to detail. This is a brief overview of planning in-person events. When programming at Pitt, it is best practice to make reservations and submit all paperwork and make all reservations 21 days in advance.

- <u>Reserving On-Campus Space through EMS:</u> Event Management System (EMS) is system to reserve space on campus. Chapters may have two members with EMS accounts. Chapter can reserve the following spaces on EMS: O'Hara, WPU, Bariel Student Rec Center, Bellefield, Cathedral Classrooms, Cost Center, David Lawrence Rooms, WPU Lawns/Patio, Info Tables around campus, Pitt Dome, Trees Hall, and more. <u>Apply for an EMS account here.</u> To contact the reservations office, please call 412-648-7817 or email <u>wmpittun@pitt.edu</u> from 9 AM 5 PM, Monday Friday. Here is an <u>Event Planning Resources</u> from the Student Unions.
- <u>Reserving On-Campus Space not on EMS:</u> <u>This is a comprehensive list of other reservable</u> <u>space on-campus.</u>
- <u>Contracts:</u> If chapters are hosting speakers, performers, DJs, instructors, entertainment services, etc. on-campus who are not Pitt employees or students, a contract or contract waiver (no fee for their services) must be completed 21 days before the event. <u>Here are all the contract forms.</u>
- <u>Food at Events:</u> Please contact <u>catering@pc.pitt.edu</u> if your chapter would like to order food through Pitt Dining. If your chapter wishes to supply your own food or work with an outside caterer, <u>here is the snack request form, catering exemption, and SORC concession forms.</u>
- <u>Pitt Green Events:</u> If your chapter is looking to host a sustainable event, please review information from <u>Pitt Green Events</u> or <u>Student Office of Sustainability</u>.
- <u>Technical Support</u>: The Student Unions offer <u>technical support</u> for events in those spaces. Students can <u>reserve tech equipment</u> (projector, speakers, cameras, etc.) from the Hillman Library.
- <u>Social Events with Alcohol:</u> Chapters who have completed Alcohol Management Training and are interested in hosting an event with alcohol, will need to register their event through <u>ExperiencePitt</u>.

Campus Partners

PITT ARTS

Contact Information 907 William Pitt Union Pittsburgh, PA 15260 412-624-4498 <u>pittarts@pitt.edu</u> <u>https://www.studentaffairs.pitt.edu/pittarts/</u>

PITT ARTS is here to support you as you explore your passions and identify your purpose. PITT ARTS is dedicated to helping Pitt students in all majors and academic disciplines discover and attend museums, performances, tours and hands-on activities. Undergraduates at the Pittsburgh campus enjoy Free Arts Encounters, Free Museum Visits, our Cheap Seats program and Artful Wednesdays.

Undergraduates have the unique opportunity to attend our **Free Arts Encounters** programs. PITT ARTS brings registered, full-time, Oakland campus undergraduate students to over 100 Arts Encounters a year. This includes trips to the symphony, opera, ballet, films, concerts, galleries, and the theater. We provide transportation, a catered reception, and tickets. Students learn about upcoming Free Arts Encounters by subscribing to our Arts e-newsletter distributed by Student Affairs.

PITT ARTS' Museum Visits are free **only for** undergraduate, graduate and professional students from the Pittsburgh campus with a valid Pitt student ID from the end of August to the end of April. Partnering organizations include Andy Warhol Museum, Carnegie Museum of Art and Natural History, Carnegie Science Center, Mattress Factory, Phipps Conservatory and Botanical Gardens, Senator John Heinz History Center and Fort Pitt Museum, and Soldiers & Sailors Memorial Hall & Museum.

Please note that group visits and tours must be arranged in advance. In addition, please check with your department/organization prior to considering a tour that they are indeed willing to reimburse PITT ARTS for docent-led and other Group Visits. Please, contact <u>pittarts@pitt.edu</u> with any questions.

The Cheap Seats program is available to University of Pittsburgh students, faculty, and staff with a valid Pitt ID. Each person can purchase up to four tickets for all shows (with a few noted exceptions), and you can take non-Pitt people! But you, yourself MUST be going to the performance and show your Pitt ID. Visit <u>https://www.studentaffairs.pitt.edu/pittarts/cheapseats/</u> to learn more. PITT ARTS is here to help coordinate tickets for larger groups, as well.

Celebrate the beauty and diversity of the performing arts happening in our city at **Artful Wednesdays**. Enjoy free performances and lunch, Noon-1 PM at Nordy's Place in the Lower Level of the William Pitt Union on select Wednesdays. The entire Pitt community is welcome. Lunch is for Pitt students with a valid student ID.

Campus Recreation

Reservations: Fraternity and Sorority Life Organizations are able to submit reservation requests for Campus Recreation facilities through their EMS account (To create an EMS account click <u>HERE</u> and follow the instructions). Facilities available for reservation can be found on the <u>Campus Recreation website</u>. Reservation requests for the Fall 2022 semester will open to Fraternity and Sorority Life Organizations on August 23rd. For questions concerning recreational/athletic facility requests contact Hunter England, Coordinator of Competitive & Recreational Sports, hje2@pitt.edu.

Intramurals: Fraternity and Sorority Life Organizations are welcomed to participate and compete in Campus Recreation's Intramural Sports programming. FSL Organizations can register teams on IMLeagues.com/pitt. Registration dates and league/tournament schedules will be shared on IMLeagues and on the <u>Campus Recreation website</u>. The IM sports being offered this Fall 2022 semester are Soccer, Volleyball, Touch Football, Cornhole, and Basketball. For questions regarding the Intramural Sports program contact Bill Wallace, Intramural Sports Coordinator, wwallace@pitt.edu.

Office of Inclusion and Belonging

Contact Information

Office of Inclusion and Belonging 6th Floor, William Pitt Union 3959 Fifth Ave Pittsburgh, PA 15260 412-648-8731

Office of Diversity, Equity, and Inclusion

Contact Information

Office of Equity, Diversity and Inclusion 31st Floor, Cathedral of Learning 4200 Fifth Avenue Pittsburgh, PA 15260 Diversity.pitt.edu diversity@pitt.edu (412) 648-7680

Overview

The Office of Diversity and Inclusion strives to advance Pitt's efforts to embed diversity as a transformational force in academic excellence and professional growth through education, the celebration of diversity, and the fair and objective response to complaints and concerns.

Responsibilities

- Coordinates, facilitates and participates in the development and implementation of equal opportunity, nondiscrimination, and diversity policies, procedures, and guidelines for the University.
- Monitors progress in implementing diversity initiatives and realizing objectives for enhancing inclusion.
- Prepares institutional and governmental reports including, but not limited to, the University's Affirmative Action Plans.
- Develops and delivers education and training.
- Organizes, collaborates on, and participates in a variety of cultural celebrations.
- Investigates and/or coordinates the handling of internal complaints of discrimination, bias incidents, discriminatory harassment, and grievances associated with accommodation requests.
- Coordinates and facilitates the University's digital accessibility compliance program and plan to ensure equal access to all electronic programs and services.

Making a Report

https://www.diversity.pitt.edu/civil-rights-title-ix-compliance/make-report/report-form

The University is committed to maintaining an environment free from unlawful discrimination or harassment and your reports enable the University to assess the campus climate and promptly respond to incidents. Examples of reports made to Office of Diversity and Inclusion include those relating to:

- Discrimination
- Accessibility barriers
- Harassment
- Retaliation
- Bias Incidents

Bias incidents are actions committed against a person or group that are motivated in whole or in part, by bias against the person's or group's sex, gender identity, sexual orientation, national origin, race, religion, or disability or other protected class. Bias incidents may or may not be hate crimes. Hate crimes are criminal offenses motivated in whole or in part, by bias against the person's protected class. All hate crimes are bias incidents, but not all bias incidents are hate crimes.

We encourage you to <u>report incidents of bias</u> involving a member of the University of Pittsburgh community.

Report forms will be reviewed during business hours of 8:30 a.m.-5 p.m. Monday-Friday. Reports received after business hours will generally be reviewed during the next business day. In the event of a university holiday, reports will be reviewed on the first business day back.

If you are concerned about the immediate health and safety of yourself or someone else, do not complete the online form. Please call 911.

LGBTQIA+ Resources

Student Affairs LGBTQIA+ Resources web page

The University is committed to ensuring that all members of the LGBTQIA+ community feel safe, respected, and valued on campus.

Guidelines for Inclusion Relating to Gender Transition

Pitt has created gender transition guidelines to help foster an understanding of transgender issues in the workplace and guidance on how to provide a welcoming and supportive environment for individuals transitioning at the University. If you are an individual looking for assistance regarding a gender transition, the Office of Diversity and Inclusion is available to assist you.

Preferred/Chosen Name Initiatives

The University is happy to accommodate the use of a student, staff or faculty member's preferred/chosen name throughout certain University systems and on certain documents as permitted by law.

Restrooms and Gender-Inclusive Housing

Faculty, staff, and students are welcome to use restrooms that correspond to their gender identities, and gender inclusive housing is available for students who wish to live together regardless of sex, gender, gender identity, or expression.

Training, Education, and Advocacy Groups

Learn about the various LGBTQIA+ training, education, and advocacy groups at Pitt.

Individuals with Disabilities Resources

The University of Pittsburgh embraces the "different-abilities" of its students, faculty and staff. Through University and Community Resources we will create an environment that appreciates everyone's ability and contribution to the community.

University Resources

Additional University Resources are devoted to enhancing diversity and inclusion in educational and employment experience and creating equity and opportunity for individuals with disabilities.

Disability Etiquette Guide

This Disability Etiquette Guide is provided to encourage dignity and respect and to suggest possible good etiquette when interacting with individuals with disabilities. With that in mind, please know that individuals with disabilities are just that, individuals. As a result, they may have different to/ experiences of similar events. Thus, suggestions on this page are precisely suggestions, not rules. Please review and consider these suggestions and use them where appropriate, as a means of conveying respect and sensitivity towards individuals with disabilities. The key to avoiding misunderstanding is sensible dialogue.

Diversity Includes Disability

We believe a diverse and inclusive learning community strengthens our entire university and enriches learning, scholarship, and the communities we serve. Learn more about a campaign to spread awareness about what a diverse and inclusive community means to Pitt.

Requesting an Accommodation

The University of Pittsburgh strives to provide reasonable accommodations to qualified individuals with disabilities consistent with the Americans with Disabilities Act (ADA) and related laws which prohibit discrimination against qualified individuals with disabilities in employment practices. Need an accommodation?

Disability Resources and Services

The University is committed to providing equal opportunities in higher education to individuals with disabilities. Here at Pitt, Disability Resources and Services (DRS) provides access to many resources and determines reasonable accommodations and services.

How to File a Grievance

If you believe that you have been inappropriately denied a requested accommodation, that an accommodation is inadequate, that a program or activity is inaccessible, or that you have suffered discrimination or harassment based on disability, you may have the opportunity to file a grievance.

Hispanic and Latinx Resources

Latin American Student Associations

Learn about the various Latin American Student Associations at Pitt.

Hispanic Heritage Celebration Month

Hispanic Heritage Month (HHM) is celebrated annually from September 15-October 15 to acknowledge the history, culture, and contributions of Americans whose ancestry can be traced to Mexico, Central and South America, the Caribbean, and Spain.

Religious Resources

The University respects and values religious and spiritual diversity. This page provides Pitt students, faculty, and staff with information pertaining to religious groups and organizations both on and off campus. Campus community members can request religious accommodations by emailing the <u>Title Ix Coordinator</u>.

Independent Student Religious Groups

All of the university's individual student groups and clubs surrounding topics of religion that are offered for both undergraduate and graduate level students.

Local Places of Worship

Our University is located in the city of Pittsburgh's Oakland neighborhood which also hosts the places of worship for all of the major religions.

Religious Holiday Calendar

View a calendar of all religious holidays.

Religious Observances Guidelines

Provost Ann Cudd shares the University's guidelines on religious observances.

Resources for Veterans

https://www.diversity.pitt.edu/diverse-populations/veterans

Office of Veterans Services:

We are available here on campus to assist faculty, staff, and students. Designed to support veteran students with a keen understanding of unique needs of veterans and their family members, the Office of Veterans Services is proud to offer academic, career, and support workshops to assist veteran students during their time at the University. The office assists with admission preference perks, assistance understanding military education benefits, career guidance, orientation specific for new veterans and dependent students, pre-admission counseling session

There are also <u>external resources</u> available.

Lactation Rooms

https://www.diversity.pitt.edu/diverse-populations/lactation-rooms

The University values and encourages nursing mothers in the employment and education environment. View the attached link to see a chart of lactation rooms on the Oakland campus.

Office of Student Conduct

How to View Conduct Records: Members wishing to view Student Conduct records for their fraternity or sorority can email <u>USJS@pitt.edu</u> to schedule an appointment to view records. An Office of Student Conduct staff member will schedule an appointment. Organization members will be invited to a Zoom call or 738 William Pitt Union to review records.

Some information in records may need to be redacted to ensure compliance with the Family Educational Right and Privacy Act (FERPA). Records take time to be organized and compiled. Please contact Student Conduct in advance if the organization requires records by a firm deadline. Although most records are available digitally and can be shared remotely, some records are only available as physical copies.

Office of Civil Rights and Title IX Student Resources

Contact Information Diversity@pitt.edu

(412) 648-7860 diversity@pitt.edu 31st Floor, Cathedral of Learning 4200 Fifth Avenue Pittsburgh, PA 15260

Office Hours

To reach us during office hours, please call (412) 383-5627 Monday and Wednesday, 2pm-3pm Tuesday and Thursday, 10am- 11:30am Friday, Noon-1pm

Virtual Option

For the virtual option please use the following information https://pitt.zoom.us/j/7622348845 Passcode: OEDI

Overview

The Office of Civil Rights and Title IX is here to assist in responding to and addressing reports of harassment and discriminations. Our office oversees policies and processes to respond to bias incidents. We also provide education and training on prevention and reduction of discrimination and harassment. Together we can work to maintain an educational and work environment that is free from unlawful harassment and discrimination. Incident reporting and response is a critical

component of building that culture.

The Office of Title IX assists in responding to and addressing reports of sexual- or gender-based violence, harassment or discrimination, domestic violence, dating violence, and stalking. The Title IX Office provides resources and support for all Pitt community members who have experienced any form of sexual misconduct. The office oversees policies and processes to respond to bias

incidents and provides education and training on prevention and reduction of discrimination and harassment.

Making a Report

Pitt is committed to maintaining an environment free from unlawful harassment and discrimination, and your reports of bias incidents enable the University to assess the campus climate and promptly respond to incidents. Bias incidents are actions committed against a person or group that are motivated, in whole or in part, by bias against the person's or group's protected-class status, whether actual or perceived—as outlined in our <u>Policies</u>, <u>Procedures and Practices</u>.

Defining a Bias Incident

Bias incidents are actions committed against a person or group that are motivated in whole or in part, by bias against the person's or group's sex, gender identity, sexual orientation, national origin, race, religion, or disability or other protected class.

Examples of bias incidents include, but are not limited to:

- Harassment and/or discrimination
- Hate crimes
- Accessibility barriers, including digital/technology barriers
- Sexual misconduct (sexual harassment, stalking, relationship/sexual violence)
- Retaliation

Bias incidents may or may not be hate crimes. Hate crimes are criminal offenses motivated in whole or in part, by bias against the person's protected class. All hate crimes are bias incidents, but not all bias incidents are hate crimes.

How to Report

We encourage you to <u>report incidents of bias</u> iinvolving a member of the University of Pittsburgh community.

Report Form

https://www.diversity.pitt.edu/civil-rights-title-ix-compliance/make-report/report-form

Report forms will be reviewed during business hours of 8:30 a.m.-5 p.m. Monday-Friday. Reports received after business hours will generally be reviewed during the next business day. In the event of a university holiday, reports will be reviewed on the first business day back.

If you are concerned about the immediate health and safety of yourself or someone else, do not complete the online form. Please call 911.

Reporting Sexual Misconduct

Reporting sexual misconduct is an individual decision. While the University encourages survivors to report misconduct, we recognize that it can be a challenging decision and may not be the right action for every survivor. The Title IX Office can talk with survivors about various reporting options, so they can make informed and thoughtful decisions. Meeting with a member of the Title IX staff does not mean you must file a complaint, or report to police. At the initial meeting, we will talk through reporting, <u>interim measures</u>, and safety, and make referrals to campus and community resources. To schedule a meeting with a Title IX Office staff member, please contact <u>titleixcoordinator@pitt.edu</u> or call 412-648-7860.

Interim Measures

As part of the University's response to a report of a bias incident, and regardless of whether there has been a request for formal disciplinary or law enforcement action, the University may impose

interim measures or offer accommodations to address issues that impact the reporting and accused students' educational, living, or work environments. These interim measures can often be put in place very quickly, prior to the resolution of any referral or criminal proceeding. Once imposed, the University will take necessary action to enforce the implemented measures. Anyone who becomes aware of, or has a concern about, a student's failure to follow any University-imposed interim measure or accommodation should report this concern to the Student Conduct Officer.

Possible measures include:

- Implementation of a "No Contact Order"
- Assistance with academic accommodations
- Change in University-related work schedules or job assignments
- Change in University-owned housing
- Assistance from University staff in completing housing relocation
- Assistance in addressing off-campus living arrangements
- Restricting a student's access to certain University facilities or activities pending resolution of a matter

Important Things to Note

Anonymous Reporting

For bias incident reports, the Office of Civil Rights & Title IX permits anonymous reporting on our online <u>Report Form</u>. A Reporting Party has the discretion to exclude personally identifiable information, such as their name and contact information, in the form. However, please be advised, without presented contact information, we are unable to provide follow-up, and the University's options for response may be limited.

Additionally, if a Reporting Party has further concern related to anonymity, bias incident reports may be submitted to <u>AlertLine</u>, a third-party agency for reporting concerns at the University. AlertLine is staffed by non-University employees, relays anonymous reports to the University, and allows the Reporting Party an option for follow-up regarding their anonymous report. Please be advised, AlertLine is not an emergency response service. AlertLine reports may be submitted <u>online</u> or toll-free at (866) 858-4456.

Confidentiality

Because the University may have an obligation to address certain reports, we cannot guarantee complete confidentiality where it would conflict with the University's obligation to investigate meaningfully or, where warranted, take corrective action. Regardless of the situation, personal information will generally only be shared with individuals on a need-to-know basis, in compliance with University policy.

Additionally, please be advised of the University's <u>Responsible Employee Program</u>. Should a bias incident related to sexual misconduct be disclosed to a Responsible Employee, such disclosures must be reported to the Office of Civil Rights & Title IX, whereas only certain employees at the University, such as mental health counselors, physicians, nurses, and clergy, can maintain confidentiality

Should you have experienced or witnessed a bias incident and you wish to speak to someone confidentially, the Office of Civil Rights & Title IX suggests specific campus and local Confidential Resources for such services.

Retaliation

Retaliation is strictly prohibited at the University, as outlined in the Office of Civil Rights & Title IX's <u>Policies</u>, <u>Procedures</u>, <u>and Practices</u>. Retaliation may be experienced by an individual, whether actual or perceived, for having made a bias incident report to our office, participated in services or processes provided by our office. If you experience retaliation, we encourage you to report such conduct to us through our online <u>Report Form</u> or via email at <u>titleixcoordinator@pitt.edu</u>.

Resources

University Counseling Center

119 University Place

(412) 648-7930

Individual counseling provides an opportunity for you to meet individually with a mental health professional (psychologist, social worker, licensed professional counselor, advanced-level graduate trainee in psychology or social work) to explore a variety of problems, difficulties, or concerns. <u>The Counseling Center</u> offers mental health services to students. The University also hosts the Sexual Harassment and Assault Response and Education Coordinator (SHARE) program. Learn more about <u>SHARE</u>.

Pittsburgh Action Against Rape (PAAR)

<u>PAAR</u> provides comprehensive supportive services including counseling, advocacy, assistance in obtaining a Sexual Violence Protection Order, and a 24/7 free confidential hotline to victims of sexual assaults. PAAR is located at 81 South 19th Street, Pittsburgh, PA 15203; phone 412-431-5665.

Women's Center and Shelter of Greater Pittsburgh

<u>The Women's Center and Shelter of Greater Pittsburgh</u> provides supportive services including counseling, advocacy, assistance in obtaining a Protection from Abuse Order (PFA), Sexual Violence Protection Order or Protection from Intimidation Order and a 24/7 free confidential hotline. Contact them at 412-687-8005.

Resolve Crisis Services

Resolve Crisis Services is a 24-hour, 365-day crisis service that can be used by all residents of Allegheny County. Resolve provides: Crisis counseling and support. Referrals. Intervention services for adults, teens, and their loved ones. Resolve 24-hour crisis help line:1-888-7-YOU-CAN (796-8226)

Walking Escort Pilot Program

The Walking Escort Pilot Program provides walking escorts (Allied Universal Security officers) for students leaving Hillman library between the hours of 10pm and 6am. Students must show a Pitt ID. An escort is available to the following residence halls: Amos Hall, Bouquet Gardens, Brackenridge Hall, Bruce Hall, Central Oakland Apartments, Forbes Hall, Forbes-Craig Apartments, Holland Hall, Litchfield Towers, Lothrop Hall, McCormick Hall, Nordenberg Hall, Oakwood Apartments, Ruskin Hall, and the Wyndham Hotel. Students living on upper campus will be escorted to a shuttle stop.

Additional Resources

- <u>What to expect when reporting</u> sexual misconduct
- For pregnant and parenting students
- For individuals with disabilities

Student Organizations

- <u>SAFE Peer Educators</u>: (Sexual Assault Facilitation and Education) is a group of trained peer educators who are dedicated to educating their peers around topics such as relationship violence, sexual violence, consent, interpersonal communication, and bystander intervention.
- <u>SECCS</u>: (Students Engaging in Conversations about Consent & Sexuality) is a student-run group that engages in conversations about consent, sexuality, and sexual misconduct.
- <u>Unmuted</u>: Unmuted provides and maintains a safe space for sexual assault survivors. Unmuted is meant to be a place of healing and reflection for the Pitt community.
- <u>PACC</u>: Pittsburgh Agents of Cultural Change offers a bystander intervention program for all students.
- <u>Peer Survivor Support Network</u>: The Peer Survivor Support Network was developed by Pitt students in order to provide student survivors with compassionate peer support. Each member is available to serve as a friend and ally to survivors and victims of sexual violence and harassment, as well as intimate partner violence.

Outside the Classroom Curriculum (OCC)

The Chapter can utilize the OCC as a membership development program as an <u>elective</u> option for the Member Development section of Cathedral Standards of Excellence. A chapter should have 10% of members who have completed the OCC FSL Badge.



PittServes

Mission

PittServes is a catalyst for students and communities to engage in action that creates impactful change.

Vision

To achieve resilient and equitable communities and inspire civically minded individuals.

Volunteer Portal

https://volunteer.pitt.edu/

PittServes Website

https://www.studentaffairs.pitt.edu/pittserves/

- Learn about various service grant opportunities get access to funds to support service work
- Learn more about Do-It-Yourself service opportunities available to organizations (DYI Boxes)
- Connect with student ambassadors (Student Civic Engagement Council) <u>scec@pitt.edu</u>

Volunteer Fair

Join us for the annual University of Pittsburgh Volunteer Fair on Tuesday, September 14th at the William Pitt Union. Come engage with many local non-profit organizations and student organizations to learn about volunteer and services opportunities.

Civic Action Week 2023

The University of Pittsburgh's Civic Action Week is a week-long event for students, faculty, staff, and the broader community to educate, engage, and encourage collective responses to persistent societal challenges. It is scheduled for the week of October 16. Civic Action Week seeks to advance community and civic engagement centered on racial justice, equity, and inclusion through **Dialogue, Deliberation, and Disruption**. (*Previously called Pitt Make a Difference Day*)

There are several ways in students will be able to participate include Civic Action Week 2023:

- Attend an educational workshop anchored in basic needs, health equity, access to education, civic participation, or digital access and equity (in-person, virtual, or combination)
- Participate in an advocacy opportunity for advancing civic missions
- Service opportunities in-person, onsite projects
- Virtual opportunities for direct service
- DIY projects for volunteers to complete on-campus or at home

Education Programs

Jumpstart – To fill the kindergarten readiness gap, students serve as part-time AmeriCorps members by going into preschool classrooms in the Pitt community to help children develop their literacy, language, and social emotional skills. Through Jumpstart, Corps members:

- Mentor preschool-aged children
- Work on a team of peers and build network on campus
- Receive training in education and build leadership skills

How to Apply/Learn More: Students can apply at jstart.org/apply or email jump@pitt.edu.

America Reads Challenge (ARC) – The mission of ARC at the University of Pittsburgh is to support local kindergarten through third grade students develop essential literacy/reading

skills though thoughtfully crafted lesson plans to enhance student's success in school. ARC tutors work one-on-one with students and act as mentors. To learn more, visit: https://www.studentaffairs.pitt.edu/pittserves/programs/arc/

Pitt Tutoring Collective – Learn about opportunities to advance educational equity while working in local neighborhoods. PreK-12 mentoring and tutoring opportunities available through various campus.

Student Office of Sustainability

The mission of the Student Office of Sustainability (SOOS) is to support the potential of students to creatively revolutionize the way the Pitt community approaches environmental and social justice and inspire conversations about building a sustainable future. SOOS is your go-to resource for information about student facing sustainability initiatives. Connect with on Instagram @PittSOOS or email us at soos@pitt.edu

Pitt Student Green Guide

At the University of Pittsburgh, we are committed to a culture of sustainability. Pitt defines "sustainability" as balancing equity, environment, & economics so current and future generations can thrive. Checking out the <u>Green Guide</u> is your first step to contributing to the culture of sustainability on campus.

Food Waste Composting, Zero Waste Events and Green Events

Interested in planning a "green event" or having the "WaterMonster" at your event? All of the information you need can be found <u>HERE</u> or email <u>soos@pitt.edu</u> to get help!

The Pitt Pantry and Student Basic Needs

The Pitt Pantry is a free resource for all members of the Pitt Community that provides a variety of fresh and non-perishable food items, household essentials, and more. For more information on how to access our services OR how to support the Pitt Pantry through food drives or volunteer activities, check out our website at pi.tt/pittpantry or email us at pantry@pitt.edu.

Interested in volunteering or hosting a food drive to support the work of the Pitt Pantry? To maximize the success of your food drive or service project, we recommend reaching out a few weeks before the drive (<u>pantry@pitt.edu</u>) so our team can share information on what we need most and help coordinate a smooth and efficient drop-off.

The University of Thriftsburgh

Thriftsburgh is Pitt's student created and managed thrift store. We are located in the O'Hara Student Center – room 111. Thriftsburgh offers low cost clothing, shoes and accessories for ALL! During our annual Thrift Off- Kick Off event we feature items donated through the end of semester spring move-out program Clutter for a Cause. The Thrift Off-Kick Off features dorm essentials, small appliances, kitchen gear the famous clothing and shoe dollar sale and SO much more! SUSTAINABILITY, SOCIAL JUSTICE, AND VINTAGE OUTFITS FOR ALL.

The Pitt Bike Cave and Healthy Ride

The <u>Pitt Bike Cave</u> is a student created and managed hub for all things bike related on campus. The Bike Cave is located outside of Posvar Hall in the "Posvar Pass-Thru". They offer appointment and drop in mechanic services and a do-it-yourself repair option. The Cave also sells bike parts, helmets and gently used bikes. Another sustainable transportation feature for Pitt students is the <u>Healthy Ride</u> bike share. Your Pitt ID allows you to Healthy Ride bikes for FREE unlimited 30minute rides.

Pitt Alumni Association. Pitt Alumni Student Network. Blue & Gold Society



PAA History & Mission

Founded in 1866, the Pitt Alumni Association (PAA) provides opportunities for more than 342,000 alumni worldwide to engage with the University of Pittsburgh and to connect with one another through participation in enriching programs and events that strengthen the Pitt community. The PAA is the governing body for the Blue & Gold Society and the Pitt Alumni Student Network (formerly known as the SAA).

Mission and Vision

The mission of the Pitt Alumni Association is to engage alumni and students and to support the advancement of the University of Pittsburgh. The vision for the PAA is to be the gateway for a global network of alumni and students who champion the University and each other.

Young Alumni Council

If you earned a degree from Pitt in the last ten years, you can apply to be a part of the Young Alumni Council. These volunteers work in conjunction with the Pitt Alumni Association to create meaningful programs for Pitt's recent graduates in an effort to build a culture of young alumni leadership!

Name	Facebook	Twitter	Instagram	TikTok
PAA	https://www.facebook .com/pittalumni/	@pittalumni	@pitt_alumni	n/a
YAC	https://www.facebook .com/PittYoungAlums	@pittyoungalums	@pittyoungalums	n/a
BGS	https://www.facebook .com/PittBlueAndGol dSociety	@bgspitt	@pittbgs	n/a
PASN	https://www.facebook .com/PASN1787	@pasn_1787	@pasn_1787	@pasn_1787

PAA Resources

Get Connected through the Pitt Alumni Career Network

The Pitt Alumni Career Network connects you to more than 330,000 alumni in countless professions around the world. Start making your connections today through these great networking resources, whether you're a newly minted graduate or a seasoned workforce veteran.

Find Jobs, Mentors, Employees and Career Connections



Explore the community and build your professional network on Pitt Commons-a platform built exclusively for the Pitt community-that provides job postings, mentorship opportunities and connections to alumni and other students. Start searching the Pitt network today! Pitt **COMMONS** Commons also offers <u>mentoring</u> opportunities so you gain knowledge and receive professional guidance from Pitt Alumni. And don't forget

the Job Board, where Pitt community members can post and browse opportunities for work.

Ask Pitt Alumni for Career-Related Advice



You have questions and you can find answers on <u>Ask Pitt Alumni</u>, our easy Q&A service that provides quick, reliable answers to professional questions using AI that matches you with the best expert available in our alumni network. Utilize this platform for career, internship, or academic advice.

Connect with Pitt Alumni Professionals

Career Network

Join the thousands of Pitt alumni already growing their professional networks through the Pitt Career Network on LinkedIn.



The Pitt Alumni Student Network provides free out-of-the-classroom experiences that prepare students to be actively engaged alumni through networking, school spirit, traditions, and philanthropy. We provide a safe space for all students to engage with the University.

The Pitt Alumni Student Network is founded upon four pillars:

Networking with Alumni: Members of the Pitt Alumni Student Network enjoy opportunities to meet with, connect to, and get support from Pitt alumni. <u>Learn more about networking</u> <u>opportunities.</u>

Promoting School Spirit: Pitt pride enhances the college experience and inspires a lifetime commitment to the University. The Pitt Alumni Student Network partners with Athletics for events and watch parties.

Upholding University Traditions: Pitt traditions unite students and alumni who cherish their connection to Pitt and one another. <u>Learn more about Pitt traditions.</u>

Fostering Philanthropic Education: The Pitt Alumni Student Network is committed to educating students about the University's philanthropic efforts and promoting ways that students can support those efforts. Learn more about giving back to Pitt.

Student Events

Whether in-person or virtual, Pitt Alumni Student Network events can help you build professional networks with alumni and social connections with fellow students. Here are a few of our signature events.

Homecoming Events

Show off your Pitt spirit during Homecoming Week. From running for Homecoming Court to testing your knowledge of Pitt Traditions, the Pitt Alumni Student Network has you covered! Check out @pasn_1787 for more information!

Pitt Homecoming Court & Spirit of Pitt

The Pitt Alumni Association will present two students with Spirit of Pitt Awards during Homecoming week to recognize students who display a commitment to academic excellence, community service, and the Pitt Alumni Association's values. The two students who receive the most votes from their peers will each receive the Spirit of Pitt Award, including \$1,500 in student resource funding from the Pitt Alumni Association. Applications will go live on August 2nd. Email Olivia Lynch at <u>ofl4@pitt.edu</u> with questions.

Paint the Town

Join the Pitt Alumni Student Network as we Paint the Town Blue & Gold! Sign up as a group with your organization. Paint the Town will take place on September 8 – 14. Email Olivia Lynch at <u>ofl4@pitt.edu</u> with questions.

Networking with Panthers

Networking with Panthers is series networking opportunities over one weekend in February. These opportunities will offer you the opportunity to interact directly with alumni. You can choose between a career-based session and a general networking sessions.

Volunteer Opportunities

The Pitt Alumni Student Networking & Philanthropy Groups gives members opportunities to develop leadership skills and network with students and alumni by managing programs and planning events. To learn more or join this group, contact <u>ofl4@pitt.edu</u>.



Develop leadership skills by becoming a member of the Blue & Gold Society, the University's student ambassadors who serve as the governing body of the Pitt Alumni Student Network. Blue & Gold Society is a departmental student organization and is sponsored by the Pitt Alumni Association.

The purpose of the Blue and Gold Society shall be to promote programs and provide information in an effort to:

- Promote the Pitt Alumni Association's (PAA) strategic initiatives through service to the University and greater Pittsburgh community.
- Develop a strong student to alumni pipeline and foster relationships among students and alumni.
- Promote and maintain traditions on campus.

Freshman, sophomore, and junior students are invited to apply for membership from early November through mid-January to become members the following academic year. To apply, you must be a member of the Pitt Alumni Student Network. For more information, please contact <u>marciej@pitt.edu</u>.

Pitt Eats



Pitt Catering Co. 412.648.2302 catering@pc.pitt.edu Pitt Eats Catering Guide

Pitt Police



The University of Pittsburgh Police Department offers a variety of services to University of Pittsburgh students, staff, and faculty.

Active Killer Situation

Pitt students, staff and faculty can watch a video or download general guidelines for responding to an active killer situation directed towards the University. General Guidelines: <u>https://www.police.pitt.edu/sites/default/files/Active-Shooter-Guidelines-for-Students-and-Staff.pdf</u> Video: <u>https://www.police.pitt.edu/resources/active-killer-situation</u>

Bicycle Registration

The University of Pittsburgh has partnered with Bike Index, the nation's largest and most effective bike registration service, to provide a simple and secure way to maintain your bike details and help authorities locate stolen bikes. All bikes on campus should be registered and registration is free! Register your bike today at https://bikeindex.org/upitt.

Bystander Anti-Hazing Intervention Training

Bystander Anti-Hazing Intervention Training (B.A.I.T.) is a program the Police Department presents to help students understand hazing statistics, Pennsylvania laws on hazing, how and why hazing happens, and how hazing affects the University of Pittsburgh campus. If interested in scheduling a class, contact Police-CommunityRelations@pitt.edu

Campus Security Authorities

The Clery Act requires the University of Pittsburgh to collect crime reports from a variety of individuals and organizations that Clery considers to be Campus Security Authorities. These include security and law enforcement officers; deans; coaches; residence hall staff; overseers and advisors to student clubs and organizations; and other campus officials who have "significant responsibility for student and campus activities," such as, but not limited to, student housing, student discipline and campus judicial proceedings.

If you have been designated as a Campus Security Authority, you must comply with the Clery Act reporting requirements by viewing a brief 15-minute video and completing a brief quiz following the video. If a crime has been reported to you, fill out the Campus Security Authority Report Form at https://www.police.pitt.edu/campus-security-authority-report-oakland-campus

Citizens Police Academy

The purpose of the Citizens Police Academy (CPA) is to expand the partnership between citizens and police through education and training. CPA is a unique 10-week program designed to educate

the public about the criminal justice system and provide inside to everyday police work. The program is held in the Fall and Spring semester. Applications can be found online at https://www.police.pitt.edu/.

Community Programs Unit/Neighborhood Resources

The Police Department cares about the campus community and surrounding neighborhoods. We provide a variety of services and resources to University affiliates and local residents. Some examples include safety talks, job fairs, and community meetings. You can contact the Community Programs Unit at Police-CommunityRelations@pitt.edu.

Event Security

The Police Department provides additional security for University events and athletic competitions upon request. Some of these events involve cash sales and alcohol; in this case, Department account numbers are used to pay for these services. To request a police officer at your event or get more information, email Lieutenant Kenna at <u>jfk5@pitt.edu</u>.

Fingerprinting

The Police Department provides fingerprinting services for University of Pittsburgh faculty, staff and students. Fingerprinting is typically available at the police station on Tuesdays, Wednesdays and Thursdays from 2:00PM-3:00PM. The cost is \$10. Please call 412-624-4040 prior to arrival to check availability.

Internship Program

The goal of the internship program is a partnership with students who are seeking future employment in the law enforcement profession. These students will learn the role of the criminal justice system and community-oriented policing. The goal is communicated and instructed by highly trained, self-motivated, and positive ambassadors of the department. If interested in applying, please contact <u>police@pitt.edu</u>.

Lost and Found

The Police Department is the central location for the University's lost and found. All property turned in is inventoried and, if possible, the owner is contacted. Storage space is limited; therefore, unclaimed property is disposed of every six months. A notice is placed in the Pitt News prior to disposal. If you would like to inquire about a lost item, please call 412-624-4040.

Mobile Device Registration

Students can register their laptop or cell phone with the Pitt Police using a unique identifier, such as the device's serial number. Registered devices are more efficiently returned to their original owner if recovered after a theft. Look for the Pitt Police at events around campus or Register Your Own Device at <u>https://www.police.pitt.edu/services</u>.

Pedestrian Safety Tips

Here are some general safety tips that can help keep pedestrians safe on, or near Oakland streets.

- Be predictable; follow the rules of the road and obey signs and signals.
- Walk on sidewalks whenever they are available.
- If there is no sidewalk, walk facing traffic and as far from traffic as possible.

- Keep alert at all times; don't be distracted by electronic devices that take your eyes (and ears) off the road.
- Cross streets at crosswalks or intersections whenever possible; this is where drivers expect pedestrians.
- Look for cars in all directions including those turning left or right.
- If a crosswalk or intersection is not available, locate a well lighted area where you have the best view of traffic; wait for a gap in traffic that allows you enough time to cross safely, and continue to watch for traffic as you cross.
- Never assume a driver sees you; make eye contact with drivers as they approach you to make sure you are seen.
- Be visible at all times; wear bright clothing during the day, and wear reflective materials or use a flashlight at night.
- Watch for cars entering or exiting driveways, or backing up in parking lots.
- Avoid alcohol and drugs when walking; they impair your abilities and judgement too.

Rave Guardian App

The RAVE Guardian app is an optional safety feature of the upgraded Emergency Notification Service. It leverages mobile technology to provide new options for contacting the Police Department. Users can set a safety timer, add guardians, send anonymous tips, and call the Police Department directly from the app. The RAVE Guardian app is available through the Pitt App Store, Apple App Store, or Google Play.

Safe Classes

SAFE is a crime-victim prevention and awareness program sponsored by the National Self-Defense Institute (NSDI). The SAFE program teaches students self-defense tactics and response options if confronted by an attacker. The Residence Officer Program provides an opportunity for the Police Department and Pitt students to work together and learn in a comfortable setting. SAFE classes are held throughout the school year. To find out more about SAFE or the upcoming class schedule, contact Officer Heather Walker at hlc33@pitt.edu.

Safety Talks

The Community Programs Unit can tailor safety talks to a department or student organization's concerns. Topics can include situational awareness, pedestrian/bicycle/vehicular safety, cyber-crime awareness, victims' services, etc. To find out more about scheduling a safety talk, contact <u>Police-CommunityRelations@pitt.edu</u>.

Sexual Assault Services

The University of Pittsburgh takes seriously the issues of sexual misconduct. The Police Department and Office of Sexual Harassment and Assault Response and Education (SHARE) work together to provide options and resources to assist all members of the University community in reporting, coping with, and preventing incidents of sexual misconduct or assault. If you are a victim of sexual misconduct, get help now or report an incident.

Text Message Updates

The Police Department regularly releases important alerts, news and other information. Subscribe to our Notify U list to receive these notifications via text and/or email. https://www.police.pitt.edu/services/text-message-updates

Victim Services

As a crime victim in Pennsylvania, you have the right to receive basic information about services available to you. See a list of agencies that can assist you at https://www.police.pitt.edu/services/victim-services.

Residence Life

Contact Information

Office of Residence Life 412-648-1200 reslife@pitt.edu

Our professional staff (E.G. Resident Directors) work directly with students who live on campus and provide services such as programmatic opportunities, crisis support, professional and academic goal-setting, and interpersonal communication. Two resident directors specifically oversee buildings (Amos and Bruce) that houses sorority chapters. Amos and Bruce Resident Directors will collaborate with FSL to best support students who live in those buildings.

Student Health Services

Contact Information Website: <u>www.studentaffairs.pitt.edu/shs/</u> Student Health Service: 412-383-1800 University Pharmacy: 412-383-1850 Office of Health Education and Promotion: 412-383-1830 / <u>shsohep@pitt.edu</u> Follow us on Instagram and Facebook: @PittHealthyU

Student Health Service

Student Health Service (SHS) provides primary medical care services to students at the University of Pittsburgh. SHS is staffed by board-certified physicians, licensed nurse practitioners, physician assistants, registered nurses and medical assistants who have dedicated themselves to providing the highest quality medical care. Services include primary medical care such as acute and chronic condition management, age-appropriate screenings, physicals, vaccinations, services for men's, women's, and LGBTQIA+ health care (including services such as exams, contraceptive care, hormone therapies, etc.), allergy injections, pre-travel health assessments, psychiatry services, and referrals to specialists. SHS currently offers both in-person and tele-health appointment options.

SHS also hosts an annual Healthy U Fair each fall. The Healthy U Fair provides students with an opportunity to explore wellness topics as well as services and resources in the campus and community. It is also the kick-off for the annual Flu Vaccine Clinic.

For the most up to date information regarding hours of operation, services, scheduling and other important wellness information, please visit: <u>studentaffairs.pitt.edu/shs/</u>

The University Pharmacy

The pharmacy is a conveniently located service that is also open to the public. In addition to prescription medications, there are a number of over-the-counter medications and supplies that can be purchased. Trained, licensed pharmacists and pharmacy technicians are available to assist students, from questions about a medication to prescription transfers. You can also download the PocketRX app to communicate directly with the pharmacy or submit refill requests!

Please visit the pharmacy's website for more information on hours of operation and services: <u>studentaffairs.pitt.edu/shs/pharmacy/</u>

The Office of Health Education and Promotion

The Office of Health Education and Promotion (OHEP) offers a wide range of services and programs that use a holistic approach to support well-being. There are several areas and programs within OHEP:

- Stress Free Zone (SFZ), which is located in the WPU, offers a variety of programs and services that take on a holistic approach to mindfulness, stress management, and wellness.
- A *registered dietician* who offers free, individual nutrition counseling services, as well as provides group education programs on nutrition.
- The QUIT nicotine cessation program, a free program where students meet individually with AOD staff to work towards a nicotine-free lifestyle.
- *PantherWELL* peer educators offer a number of fun and interactive wellness workshops that can be requested for your organization, including programs on topics like alcohol safety, safer sex, stress management and mental wellness.
- Collegiate Recovery Program provides individual, non-therapy support services for students in recovery, as well as workshops and substance free programs.
- AOD prevention and education programs are offered including training, workshops and other resources on alcohol and other substances.

Student Organization Resource Center (SORC)

The SORC is located in 833 William Pitt Union and is the hub for all registered student organizations on campus, including fraternities & sororities and club sports.

Announcements & Registered Student Organization

- Handbook: https://www.studentaffairs.pitt.edu/sorc/
- Trainings & Development: <u>https://www.studentaffairs.pitt.edu/sorc/workshops/</u>
 - All President and Treasurers must attend annual training
 - Fraternities and sororities are permitted to have outside bank account, but must abide by electronic banking policies (Venmo, Cash App, etc).
- Forms & Policies: <u>https://www.studentaffairs.pitt.edu/sorc/formsandpolicies/</u>
- Re-Registration: https://www.studentaffairs.pitt.edu/sorc/existingorganization/
- Services: <u>https://www.studentaffairs.pitt.edu/sorc/services/</u>
- Finances, Funding & Contracts: https://www.studentaffairs.pitt.edu/sorc/funding/
- Travel: https://www.studentaffairs.pitt.edu/sorc/travelpolicies/

The University Counseling Center

The mission of the University Counseling Center (UCC) is to provide high quality services and programs that foster the academic and personal development, as well as the emotional well-being, of Pitt's diverse student body. From outreach and prevention to crisis intervention, the UCC is dedicated to supporting and empowering students to maximize their college experience and realize their fullest potential, all within a framework of diversity, equity, inclusion, and cultural humility.

For the most up-to-date information about the UCC and available services, please visit: <u>https://www.studentaffairs.pitt.edu/cc/</u>

Clinical Services

The UCC offers a number of clinical services, including group counseling, couples and relationship counseling, brief individual counseling, and care coordination. Drop-In is the first step to connect with clinical services at the UCC. Drop-In is a same-day meeting with a UCC Clinician and is

available to students who are interested in engaging in clinical services or require support for an urgent concern. Drop-In services are offered on a first come, first serve basis and wait times may vary.

Drop-In Hours are the UCC are Monday-Friday from 9am to 4pm. Students can utilize Drop-In by calling 412-648-7930 during Drop-In Hours.

Outreach Services

The UCC also offers outreach services to support Pitt's diverse student body. Outreach services include Wellness Workshops and Let's Talk consultations. These services are available to all students and do not require students to utilize drop-in services. Please visit our website to learn more about Wellness Workshops (<u>https://www.studentaffairs.pitt.edu/cc/virtualworkshops/</u>) and Let's Talk (<u>https://www.studentaffairs.pitt.edu/cc/lets-talk/</u>) services.

Students can also complete an Outreach Request to have UCC clinicians present to their organization on a mental health-related topic, provide support spaces or table at an event. Students can make an Outreach Request by completing the following form: https://pitt.co1.gualtrics.com/jfe/form/SV_1XOVjolro7LR8AR

Crisis Support

Students who are experiencing an urgent or crisis concern can contact the UCC for support at any time by calling 412-648-7930.

Additional Crisis Supports

- Western Psychiatric Hospital: Call 412-624-2100
- re:solve Crisis Network: Call 1-888-796-8226
- Pitt Police Department: Call 412-624-2121
- National Suicide Prevention Lifeline: Call 1-800-273-8255
- Crisis Text Line: Text HOME to 741741
- Trevor Project: Call 1-866-488-7386
- Veterans Crisis Line: Call 1-800-273-8255

Additional Services

- Pitt students have free access to a private and interactive self-help tool called TAO. TAO can help you learn important life skills and face challenges. TAO also includes a free mindfulness library. To learn more and sign up, please visit: http://www.studentaffairs.pitt.edu/cc/therapy-assistance-online/
- Thriving Campus is an online directory that allows Pitt students to access and search a list
 of off-campus, licensed mental health providers. Thriving Campus also provides guides to
 assist students through the process of connecting with a provider. To learn more, please
 visit https://pitt.thrivingcampus.com/.