The Outside the Classroom Curriculum (OCC) is a university-wide initiative and co-curricular program designed to educate the whole student through the completion of programs and experiences that provide a pathway for students to have the best possible collegiate experience and gain needed skills for employment or graduate school.

Total requirements for Curriculum Completion: 70

LEADERSHIP DEVELOPMENT
Learning Outcome: Has knowledge, skills, and experience to lead others in achieving a common goal.

Total requirements for completion: 6

Requirements:

• Complete leadership training for a minimum of 16 hours
  o Ex. Emerging Leaders, campus or other job training, RA training, Pitt Pathfinder training

• Attend 3 leadership workshops or seminars
  o Ex. Panther Leadership Summit, Leadership in Action Program, Hesselbein Global Academy, Global Ties Leadership, The Bridge: College Prep & Leadership Academy

• Serve in a leadership role for an organization (on or off campus) and reflect on the experience

• Hold a leadership position (elected or appointed) in an organization (on or off campus) and reflect on the experience

CAREER PREPARATION
Learning Outcome: Has the knowledge, skills, and experience to be competitive in gaining employment or acceptance into graduate or professional school. Total requirements for completion: 12

Requirements:

• Have your resume reviewed by a career consultant or a faculty member

• Develop a relationship with a professional in your field of interest so as to cultivate them as a reference and request a recommendation letter from them

• Attend 5 events sponsored by CDPA to develop your career focus
  o Ex. Participate in DiscoverU Day
  o Participate in a Panther Shadow experience
  o Internship Prep Program/Internship Week

• Attend 2 CDPA-sponsored career fairs

• Complete an in-person or online mock interview with CDPA or an Academic Department

• Participate in experiential learning and provide a reflection on your experience (See details)
  o Ex. Complete an internship or cooperative education program in a field of interest
  o Complete a research experience in a field of interest
  o Complete a laboratory experience in a field of interest
  o Complete a clinical experience in a field of interest
  o Complete a field experience
  o Complete an extended volunteer placement experience in a field of interest

• Make an appointment with the Office of Career Development and Placement Assistance (CDPA) to review and reflect on career readiness
COMMUNICATION SKILLS
Learning Outcome: Is effective and confident in oral, interpersonal, and written communication. Total requirements for completion: 5

Requirements:
- Facilitate a formal meeting and reflect on the experience
- Demonstrate written communication skills:
  - Ex. write for an award, scholarship, or grant
  - Write a research paper or story for publication
- Create and deliver a professional presentation
- Write your personal statement or introduction letter and have it reviewed by a faculty mentor, academic advisor, or career consultant
- Attend 1 program on building effective communication skills
  - Ex. Participate in Mediation Skills Training
  - Participate in Mock Trials or on a debate team
  - Attend a workshop on writing cover letters

GLOBAL AND CULTURAL AWARENESS
Learning Outcome: Understands diverse cultures and functions as a global citizen informed about issues that impact people, society, and nations. Total requirements for completion: 9

Requirements:
- Attend 8 global and cultural awareness events
  - Ex. Global Carnivale, ASA Culture Fair, International Student Career Success Day
  - Attend a program on global, ecological or political issues
  - Participate in a diversity or multicultural awareness program
  - Participate in a social justice program
- Complete 1 of the following:
  - Learn about the study abroad process or global internships
  - Participate in a study abroad experience or travel to a country different from your own and reflect on the experience

PITT PRIDE
Learning Outcome: Has a sense of belonging to the University and is engaged in the spirit and purpose of the community. Total requirements for completion: 10

Requirements:
- Attend 10 campus wide events
  - Ex. Homecoming, Pitt Program Council events, I Love Pitt Day, Dean’s Hour, Activities Fair
  - Pitt Athletics Events
  - Events sponsored by academic departments
SERVICE TO OTHERS
Learning Outcome: Is conscious of the needs of others and committed to civic engagement and community service. Total requirements for completion: 6

Requirements:
• Record a minimum of 60 hours community service impact
  o Ex. Create a service project to impact your community and recruit volunteers to assist
  o Serve as a peer advisor, educator, or mentor for at least one academic year
  o Serve on a University Student Advisory Board or a Young Advisory Board for a nonprofit of your choosing
  o Serve at a local voting pool site for an election
  o Organize or participate in an existing fundraiser, a food drive, or a clothing drive
• Participate in 3 University sponsored days of service
  o Ex. PMADD, MLK Jr. Day of Service, Pitt Dance Marathon
• Participate in 1 organization’s philanthropic event
• Volunteer with an organization and reflect on the experience

SENSE OF SELF
Learning Outcome: Integrates an awareness of personal skills, abilities, values, and beliefs into the development of civility, identity, a sense of purpose, and management of self. Total requirements for completion: 6

Requirements:
• Participate in 2 programs that promote civility and encourage the development of emotional intelligence
  o Ex. Boxes and Walls, Constitution Day, Pitt Day in Harrisburg
  o Exercise your civic responsibility by voting in a local or national election
  o Attend a lecture with a speaker whose values or perspectives do not align with your own and reflect
  o Participate in a debate where you advocate for your philosophical stance
• Participate in 2 programs that explore your sense of purpose and management of self
  o Ex. Attend the Majors & Minors Expo
  o Investigate your family history, i.e. Ancestry.com
  o Participate in a faith based group or organization
• Participate in 2 programs that identify your personal skills or values
  o Ex. Complete a STRONG Interest Inventory and discuss the results with a Career Services or Academic Support staff
  o Complete a learning or study skills inventory (ARC)
  o Complete a Meyers-Briggs Type Indicator personality inventory
WELLNESS
Learning Outcome: Has knowledge, behaviors, and habits conducive to health and financial wellness. Total requirements for completion: 6

Requirements:
• Participate in 3 health education programs
  o Ex. Healthy U Fair, Let’s RAVE or other Sexual Health program, PantherWELL programs, Nutrition consultation, Alcohol EDU
• Participate in 1 emotional health program
  o Ex. Talk About It, Stress Free Zone, Stress Management Program, Group and/or individual counseling, Therapy Dog Tuesdays
• Participate in 1 physical activity programs
  o Ex. Healthy U Fitness Classes, Get Fit Pitt! program, Sponsored walk or run
  o Competitive sport (varsity athletics, club sports, or intramurals)
  o Participate as a member of a Martial Arts or Recreational (SORC) student organization
• Participate in 1 financial literacy program
  o Ex. GradReady Financial Literacy Program

APPRECIATION OF THE ARTS
Learning Outcome: Has a personal definition of art derived from knowledge about and experience with a variety of art forms. Total requirements for completion: 7

Requirements:
• Attend 7 arts events
  o Ex. Undergraduate Arts Encounter
  o Attend Artful Wednesdays hosted by PITT ARTS
  o Attend the Arts Festival hosted by PITT ARTS
  o Concert or symphony presented by the Department of Music
  o Attend a Theatrical Production or a play presented by the University of Pittsburgh Stages
  o Attend a Dance Production
  o Visit the University Art Gallery or attend an arts exhibit/museum
  o Attend a Literary Event
  o Visit a botanical garden or conservatory

INITIATIVE AND DRIVE
Learning Outcome: Student demonstrates the ability to conceptualize an ambitious goal, develops a plan to accomplish the goal, and completes all tasks to successfully achieve the goal. Total requirements for completion: 3

Requirements:
• Reflect on ambitious goal that you have accomplished and describe the steps you took to accomplish this goal.
• Reflect on your experiences that assisted you in deciding your career path.
• Submit your application for OCC completion and follow the completion steps listed in details.

For more information, visit www.occ.pitt.edu or contact the OCC Coordinator at 412-648-7130 or occpitt@pitt.edu.