Design Your Study Strategy

Choose the workshop style that suits you: online or in-person. Either way, these exclusive workshops deliver tips and tricks to help you not just succeed, but excel, at Pitt.

Discover how to:
• Better manage your time
• Develop strong study skills
  • Manage stress
  • Read more efficiently
  • Reduce test anxiety
• Set and accomplish your goals
• Succeed in science courses
  • Take better notes

For a complete schedule of workshops, visit asundergrad.pitt.edu/excel.

Individual Academic Consultations
One-on-one consultations are available for the following topics:
Active Study Habits • Test Preparation • Reading Strategies
Time Management • Planning for Midterms and Final Exams

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Academic consultations are available Monday-Friday.
For an appointment, call (412) 648-7920.
All in-person workshops are held in G-1 Gardner Steel Conference Center.